

Erin Boisrond—Program Director and Senior Life Coach

Erin Boisrond is the Program Director at Sedona Lago Gardens. Prior to joining the Sedona Lago Gardens Team, Erin spent her career in Special Education, both as an educator and a Director of Special Services. Erin's background in working with high school students and young adults who are beginning the transition to post-high school life has provided her with the unique perspective that she brings to Sedona Lago Gardens.

Erin holds several Arizona teaching certifications and has more than 16 years of experience in the field of special education. Her passion has been the development and implementation of functional and vocational programming for teens and young adults as they gain valuable skills to support independent living.

Erin has been a resident of the Verde Valley, and an involved community member since 2016. Her husband is a local police officer, and her seven-year-old twins attend 1st grade in Cottonwood. In her free time, Erin enjoys running, hiking, and traveling. She is an avid reader and enjoys spending time with her family. Prior to living in Arizona, Erin spent 20 years in Southern Coastal Maine.

Erin's career passion and drive come from a source very close to home. Erin's sister Rebecca is an adult with traumatic brain injury from shortly after birth. Helping Rebecca navigate the world as an adult with a disability drives her desire to help other young adults attain their own level of independence. Erin says: "Seeing Rebecca strive to reach her true potential and watching my children learn how to support Rebecca is beyond rewarding for me as a parent, sister, and educator."